

Body Mass Index (BMI) Chart

Weight (lbs)

	150	160	170	180	190	200	210	220	230	240	250	260	270	280	290	300	310	320	330	340	350	360	370	380	390	400	410	420
5'0"	29	31	33	35	37	39	41	43	45	47	49	51	53	55	57	59	61	63	64	67	68	70	72	74	76	78	80	82
5'1"	28	30	32	34	36	38	40	42	44	45	47	49	51	53	55	57	59	61	62	64	66	68	70	72	74	76	78	80
5'2"	27	29	31	33	35	37	38	40	42	44	46	48	49	51	53	55	57	59	60	62	64	66	68	70	71	73	75	77
5'3"	27	28	30	32	34	36	37	39	41	43	44	46	48	50	51	53	55	57	59	60	62	64	66	67	69	71	73	75
5'4"	26	28	29	31	33	34	36	38	40	41	43	45	46	48	50	52	53	55	57	58	60	62	64	65	67	69	71	72
5'5"	25	27	28	30	32	33	35	37	38	40	42	43	45	47	48	50	52	53	55	57	58	60	62	63	65	67	68	70
5'6"	24	26	27	29	31	32	34	36	37	39	40	42	44	45	47	49	50	52	53	55	57	58	60	61	63	65	66	68
5'7"	24	25	27	28	30	31	33	35	36	38	39	41	42	44	46	47	49	50	52	53	55	56	58	60	61	63	64	66
5'8"	23	24	26	27	29	30	32	34	35	37	38	40	41	43	44	46	47	49	50	52	53	55	56	58	59	61	62	64
5'9"	22	24	25	27	28	30	31	33	34	36	37	38	40	41	43	44	46	47	49	50	52	53	55	56	58	59	61	62
5'10"	22	23	24	26	27	29	30	32	33	35	36	37	39	40	42	43	45	46	47	49	50	52	53	55	56	58	59	60
5'11"	21	22	24	25	27	28	29	31	32	34	35	36	38	39	41	42	43	45	46	48	49	50	52	53	55	56	57	59
6'0"	20	22	23	24	26	27	29	30	31	33	34	35	37	38	39	41	42	43	45	46	48	49	50	52	53	54	56	57
6'1"	20	21	22	24	25	26	28	29	30	32	33	34	36	37	38	40	41	42	44	45	46	48	49	50	52	53	54	56
6'2"	19	21	22	23	24	26	27	28	30	31	32	33	35	36	37	39	40	41	42	44	45	46	48	49	50	51	53	54
6'3"	19	20	21	23	24	25	26	28	29	30	31	33	34	35	36	38	39	40	41	43	44	45	46	48	49	50	51	53
6'4"	18	20	21	22	23	24	26	27	28	29	30	32	33	34	35	37	38	39	40	41	43	44	45	46	48	49	50	51

 <18.5 Underweight
 18.5-24.9 Ideal Body Weight
 25-29.9 Overweight
 ≥ 30 Obesity
 ≥ 40 Morbid Obesity

Who is a Candidate for Weight Loss Surgery?

A person with:

- ♦ BMI ≥ 40 or
BMI ≥ 35 with at least one major obesity-related condition
- ♦ Documented attempts at weight loss
(Insurance companies may have different criteria.)

NOTE: This chart is approximate. Numbers are rounded.



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